



GUIDE TO THE PERFECT

Boudoir Session

All you need to know before and during your
Boudoir Session at GLAM STUDIOS



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What To Expect

Your boudoir session at Glam Studios is designed to be a luxurious, empowering experience from start to finish. Whether you're booking a Luxury Boudoir, Bridal Boudoir, or Maternity Boudoir session — here's how your session day will flow:

01 ARRIVE & SETTLE IN

Relax in our private boutique studio space

02 HAIR & MAKEUP

Your glam team gets you camera-ready

03 WARDROBE STYLING

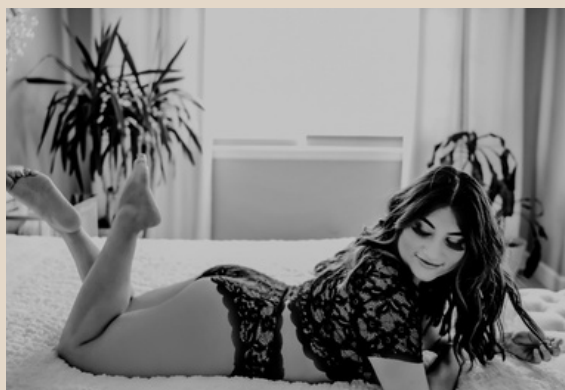
We'll select your best looks together

04 YOUR SESSION

60-90 minutes of guided, effortless posing

05 REVEAL & ORDER

View your images at a private appointment



How to Prepare

ONE WEEK BEFORE

Hydrate your skin daily. Avoid new tanning or skincare products. Get your nails done if you'd like — neutral tones are timeless.

THE NIGHT BEFORE

Get a good night's rest. Lay out your outfits and accessories. Shave or wax the evening before for smoothest results.

DAY OF

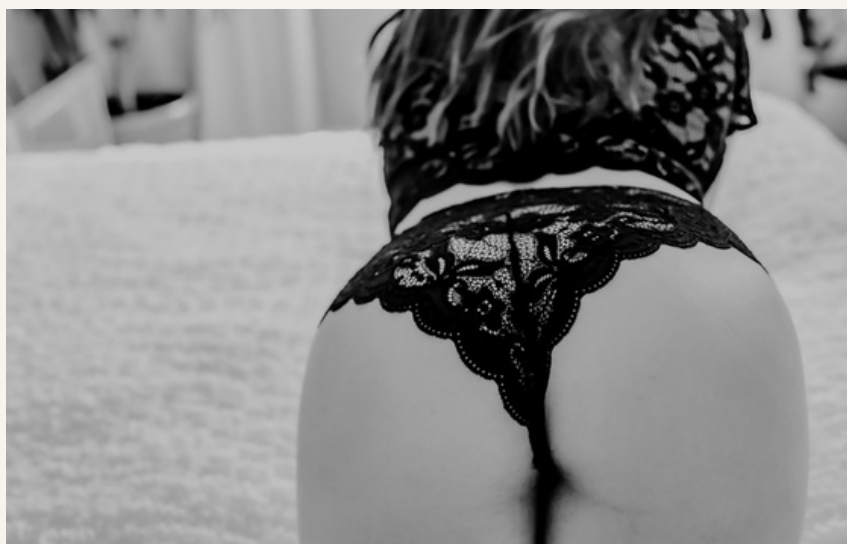
Arrive with clean, dry hair and a fresh, moisturized face — no makeup. Wear loose clothing to avoid marks on your skin. Eat a light meal and bring water.

HAIR & MAKEUP

You will be matched with a professional hair stylist and makeup artist. Hair and makeup services are not included in the price of your session. We welcome professionals to do the getting-ready part at Glam Studios.

MOST IMPORTANTLY

Whether it's a Luxury Boudoir, Bridal Boudoir, or Maternity Boudoir session — come ready to have fun. I will guide you through every single pose.



Investment

BOUDOIR SESSION

Starting at \$599 + tax

INCLUDED

- 60-90 minute guided session
- 10 professionally edited images
- Private image reveal & ordering appointment

ADD-ONS

- 8x8 Hardcover Album — \$499
 - Additional edited images
 - Metallic paper prints
- Wall art & full gallery upgrade

Hair and makeup are not included.
You are welcome to arrange your favorite
professionals to come to the studio.



Boudoir Posing

I WILL GUIDE YOU THROUGH EVERY POSE!

You don't need any modeling experience — I will guide you through every single pose!

From soft, relaxed positions on the bed to standing silhouettes by the window, each pose is designed to flatter your body and highlight your confidence.

All you have to do is show up — I'll take care of the rest!

Below are some examples of boudoir poses — lying down, sitting, standing, and detail shots.

Every pose is effortless and elegant. I promise to make you feel comfortable and beautiful the entire time.

Lying, sitting, and standing poses — as easy as 1, 2, 3!

Are you ready?



poses